



November 2019



C11MD0089

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 LUNCH: Pizza	2
3	4 LUNCH: Burger w/Cheese/Bread Chips/Ketchup, Apple Sauce & Milk	5 LUNCH: Pasta w/ Beef, Mixed Veggies, Garlic Bread, Fruit Salad & Milk	6 LUNCH: Ground Beef, Arroz Moro, Sweet Potatoes Fries, Vanilla Pudding & Milk	7 LUNCH: Pepper Steak, Red Beans Soup, White rice, Green Beans, Fresh Fruit & Milk	8 LUNCH: Pizza	9
10	11 Veterans Day (No School) 	12 LUNCH: Turkey or Ham Sandwich, Chips, Fresh Fruit & Milk	13 LUNCH: Chicken Patty, Yellow Rice w/ Veggies, Fresh Fruit, Bread and Butter & Milk	14 LUNCH: Ground Beef, White Rice, Black Beans, Sweet Plantains, Apple Sauce & Milk	15 LUNCH: Pizza	16
17	18 LUNCH: Meatballs, Mashed Potatoes, Mixed Veggies, Fresh Fruit & Milk	19 LUNCH: Baked Chicken, White Rice, Ajiaco Soup, Sweet Potato Fries, Applesauce & Milk	20 LUNCH: Picadillo, White Rice, Split Pea Soup, Mariquita Chips, Fresh Fruit & Milk	21 LUNCH: Breaded Fish, Lentil Soup, Sweet Plantains, White Rice, Fresh Fruit & Milk	22 LUNCH: Pizza	23
24	25 LUNCH: Chicken Fricasse, Guiso Corn Soup, Yellow Rice with, Veggies, Fresh Fruit & Milk	26 LUNCH: Meatballs, White Rice, Red Beans, Sweet Plantains, Apple Sauce & Milk	27 LUNCH: Pasta w/ Beef, Mixed Veggies, Garlic bread Fresh Fruit & Milk	28	29	30
				 <div> Thanksgiving Break No School </div>		